

Drug and Alcohol Fact Sheet

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Prepared By: Departmental Drug Office

Inside DOT Statistics

The Department of Transportation's Federal Employee Drug and Alcohol Testing Program Statistics for Fiscal Year 1999, October 1, 1998 – September 30, 1999:

	<u>TOTAL TESTED</u>	<u># OF POSITIVES</u>
Random Drug	8,003	20
Follow-Up	914	4
Reasonable Suspicion	19	1
Post Accident	79	0
Pre-employment	134	0
FAA Pre-employment	784	4
Voluntary	0	0
Random Alcohol	3687	1
CDL Alcohol (CY 99)	5	0
CDL Drug (CY 99)	38	0

The Department of Transportation's Fiscal Year 1999 random rate of .2% is well below the latest published government positive rate of .6%. Rehabilitation success rate was 76%.

"Did You Know?" Korner

- ◆ Other names for PCP include: angel dust, ozone, wack, rocket fuel, peace pill, elephant tranquilizer, dust
- ◆ PCP is white crystalline powder, tablets, capsules, colored powders, or liquid.
- ◆ PCP can be snorted, smoked, eaten, or injected.
- ◆ PCP is sometimes added to marijuana -- "killer joint or "crystal supergrass."
- ◆ PCP can cause effects that mimic some of the primary symptoms of schizophrenia.
- ◆ According to the National Household Survey on Drug Abuse, 3.2 percent of the population aged 12 and older have used PCP at least once. Lifetime use of PCP was higher among those aged 26 through 34 (4.2 percent) than for those 18 through 25 (2.3 percent) and those 12 through 17 (1.2 percent)

Information Source: www.drugfreeamerica.org

Substance Awareness Facts - Phencyclidine (PCP)

PCP initially causes relaxation & a mild euphoria. Sometimes users feel depressed, anxious & disoriented. Some users also report hallucinations, "out of body" experiences, and feelings of power. Others feel spaced out and have a difficult time interacting with people. The PCP high may last for several hours. "Bad trips" sometimes occur, and may include distortions, hallucinations, blackouts, muscle stiffness, and tremors. PCP has sometimes been associated with violence.

Short Term Effects:

- ◆ At low to moderate doses, physiological effects include a slight increase in breathing rate and a more pronounced rise in blood pressure and pulse rate. Respiration becomes shallow, and flushing and profuse sweating occur. Generalized numbness of the extremities and muscular in-coordination may also occur.
- ◆ Psychological effects at low doses include distinct changes in body awareness, similar to those associated with alcohol intoxication. Use of PCP among adolescents may interfere with hormones related to normal growth and development as well as with the learning process.
- ◆ At high doses, there is a drop in blood pressure, pulse rate and respiration. This may be accompanied by nausea, vomiting, blurred vision, drooling, loss of balance, and dizziness.
- ◆ Psychological effects at high doses include illusions and hallucinations. PCP may have effects that mimic certain primary symptoms of schizophrenia, such as delusions, mental turmoil, and a sensation of distance from one's environment. Sometimes speech is sparse and mangled.

Long Term Effects:

- ◆ PCP used for long periods of time can result in memory loss, speech difficulties, depression, & weight loss.

Information Source: www.drugfreeamerica.org

Looking For Help - Call:

National Drug Info. Treatment/Referral: 1-800-662-4357
Narcotics Anonymous: 1-800-896-8896
DOT Employee Assistance Program: 1-800-222-0364
FAA Employee Assistance Program: 1-800-234-1EAP

"A Life of Substance Abuse is Life Without Substance"