

DRUG AND ALCOHOL FACT SHEET

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Inside DOT Statistics

The Department of Transportation's Federal Employee Drug and Alcohol Testing Program Statistics for Fiscal Year 1998, October 1, 1997 - March 31, 1998:

	<u>TOTAL TESTED</u>	<u># OF POSITIVES</u>
Random Drug	4,842	6
Follow-Up	419	3
Reasonable Suspicion	1	0
Post Accident	39	1
Pre-employment	42	0
FAA Pre-employment	671	0
Voluntary	0	0
Random Alcohol	3940	3
CDL Alcohol	6	0

The Department of Transportation's Fiscal Year 1998 drug positive rate of .1% is well below the latest published government positive rate of .5%.

"Did You Know?" Korner

- ◆ An average of 1 alcohol-related traffic fatality occurs every 31 minutes.
- ◆ Three in every 10 Americans will be involved in an alcohol-related traffic crash during their lifetime.
- ◆ Drivers and pedestrians impaired by alcohol and other drugs account for over 17,000 highway deaths annually.
- ◆ Approximately 80% of all occupants killed in alcohol-related crashes were not buckled up.
- ◆ About 1.4 million drivers were arrested in 1995 for driving under the influence of alcohol or narcotics. This is an arrest rate of 1 for every 123 licensed drivers in the U.S.

Substance Awareness Facts--Alcohol

Although total consumption of alcohol has decreased in recent years, alcohol remains the number one drug of abuse in America.

Short-term effects from using Alcohol include:

- ◆ feelings of relaxation, reduced anxiety, lowered inhibitions, and mild euphoria;
- ◆ altered perceptions and emotions;
- ◆ impaired driving ability by reducing coordination and reflex actions.;
- ◆ impairing the brain's ability to use self-control;
- ◆ impairing memory by disrupting the transfer of information into long-term memory; and
- ◆ causing reddening of the eyes, bad breath, and hangovers.

Long-term effects of heavy use of Alcohol include:

- ◆ liver damage;
- ◆ memory loss;
- ◆ skin problems;
- ◆ loss of appetite;
- ◆ vitamin deficiencies; and/or
- ◆ heart and central nervous system damage.

Looking For Help

Alcohol & Drug Referral Hot Line: 1-800-252-6465
Children of Alcoholics Foundation: 1-800-359-2623
National Drug & Alcohol
Treatment Referral Service: 1-800-ALCOHOL
Alanon/Alateen: (Literature) 1-800-356-9996
(Meeting Referral) 1-800-344-2666
DOT Employee Assistance Program: 1-800-222-0364
FAA Employee Assistance Program: 1-800-234-1EAP

"A Life of Substance Abuse is Life Without Substance"

TASC Service / Value / Success